



Squid Ring

Specification:

SIZE	PACK	ORIGIN	STORAGE
4-6cm	Bulk or bag	Peru	At or below -18°C

Cooking Method:



1. Unpack and defrost it in normal temperature
2. Fry with oil in a pan, or cook it in a steam.
3. You can also heat it by oven for about 10minutes at 180°C

Ingredient:

Squid meat, water.

Other related products:

