



Octopus Legs

Specification:

SIZE	PACK	ORIGIN	STORAGE
100-200g, 200+, or customerized	1kg vacuum package	China	At or below -18°C

Cooking Method:



1. Unpack and defrost it
2. Fry with oil in a pan, or cook it in a steam.
3. You can also heat it by oven for about 10minutes at 180°C

Ingredient:

Octopus, water, seasoner

Other related products:

